

North of Tyne, Gateshead and North Cumbria Area Prescribing Committee Prednisolone Shared Care Guidance for Renal Transplant

Introduction	<p>Indication: Renal transplant Usual dose range: 3-20mg daily Usual maintenance dose: 5mg daily</p>
Specialist Responsibilities	<p>Initial assessment and prescribing Initial safety monitoring Ongoing Responsibilities:</p> <ul style="list-style-type: none"> • Assess and monitor patients' response to treatment • Provide the GP with relevant information for each patient including the dose recommended • Inform the GP of any dose changes. This will be communicated via clinic letter, unless a dose change is urgent when the message will be relayed by telephone • Report any suspected ADRs to MHRA via Yellow Card system. • Provide GP with any further advice if required – where non-urgent this should preferably be sought via Advice and Guidance Portal
GP Responsibilities	<p>Maintenance prescribing:</p> <ul style="list-style-type: none"> • Contact Transplant Clinic to accept shared care arrangement with signed form within 28 days • Prescribe maintenance dose as directed by nephrologist <p>Ongoing Monitoring:</p> <ul style="list-style-type: none"> • Regular monitoring to be undertaken in specialist Transplant Clinic • Management of hypertension in co-operation with the Transplant Clinic according to NICE Hypertension Guidelines • Management of hyperlipidaemia in co-operation with the Transplant Clinic • NHS screening according to usual practices NHS screening - NHS (www.nhs.uk) • Vaccination to include annual influenza vaccination, 5-yearly pneumococcal vaccination, COVID-19 vaccination and AVOID live vaccinations Greenbook cover Jan21 (publishing.service.gov.uk) • Prolonged treatment with corticosteroids may lead to adrenal suppression. Abrupt withdrawal of prednisolone in patients on long-term treatment should be avoided and increased doses provided at times of physiological stress. All patients taking 5mg per day or more should be provided with a Steroid Emergency Card NHS England » Steroid Emergency Card to support early recognition and treatment of adrenal crisis in adults
Adverse Effects, Precautions, Contraindications, Common Drug Interactions	<p>Please refer to BNF or SPC</p>
Contact Details	<p>Transplant secretary: 0191 2138140 Renal Pharmacists email: nuth.renalpharmacy@nhs.net For non-urgent queries please contact the Renal Unit using Advice and Guidance https://www.ebs.ncrs.nhs.uk/main Ward 32 number for emergencies only: 0191 2137032</p>

This information is not inclusive of all prescribing information and potential adverse effects. Please refer to full prescribing data in the SPC or the BNF

Private and Confidential

Prednisolone shared care request/confirmation

- Specialist Prescriber to complete first section of form and send to patient's GP.
- GP to complete second section of form and return to specialist prescriber within 28 days
- A copy of the full shared care guideline can be viewed at www.northoftyneapc.nhs.uk

Specialist Prescriber				
Department				
Hospital				
Telephone				
Patient details (use hospital label if preferred)				
Name				
Address				
Postcode				
NHS or Hosp reg no		Male / Female	DoB	

Treatment requested for prescribing in accordance with an Approved Shared Care Arrangement					
Drug Information – Prednisolone					
Formulation		Dose		Frequency	
Indication – Renal transplant					
Other information (if appropriate)					
Signed (Specialist Prescriber)		Name (Print)		Date	

To be completed by GP				Please tick one box	
I ACCEPT the proposed shared care arrangement for this patient					
I ACCEPT the proposed shared care arrangement with the caveats below					
I DO NOT ACCEPT the proposed shared care arrangement for this patient					
My caveats/reason(s) for not accepting include:					
Signed		Name (print)		Date	

N.B. Participation in this shared care arrangement implies that prescribing responsibility is shared between the specialist prescriber and the patient's GP