

**North of Tyne, Gateshead and North Cumbria Urinary Catheter Care
Product Formulary 2020**

Developed in conjunction with:

Newcastle upon Tyne Hopsitals NHS Foundation Trust
Gateshead Health NHS Foundation Trust
Northumbria Health Care NHS Foundation Trust

NewcastleGateshead CCG
NorthTyneside CCG
Northumberland CCG

Available to North Cumbria Intergrated care NHS Foundation Trust

North Cumbria CCG

Version 9

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Contenance formulary for urethral catheters, urine drainage systems and related products

Introduction

The purpose of the evidence-based continence formulary for urinary catheters, urine drainage systems and related products is to provide clinical staff with information relating to continence products recommended for use within Newcastle upon Tyne Hospitals NHS Foundation Trust, Newcastle Gateshead CCG, Northumbria Healthcare NHS Foundation Trust, Gateshead NHS Foundation Trust, Northumberland CCG and North Tyneside CCG.

The formulary should be used alongside other Trust continence standards and guidelines.

For further information and advice on product choice, please contact the Nurse Consultant Continence Care, Specialist Nurse Continence (Community Lead/s), Urology Specialist Nurse Teams or the Supplies and Procurement Department/s.

Aims of the Formulary:

- To safeguard the interest of the patient
- To ensure that there is a variety of products available to manage patient need
- To ensure that practitioners have adequate information to support their practice when choosing continence appliances
- To promote rational prescribing and sustainability issues
- To promote cost effective use of a product

Guidelines on Urinary Catheters

- Careful patient assessment is essential before deciding to insert a urinary catheter because of the high risks of infection associated with a urinary catheter
- Choice of product depends on: patient assessment and diagnosis, history of previous product use and local guidelines
- To avoid catheter problems a patient history catheter record should be documented and the patient should receive a catheter passport
- In **acute care** standard length urinary catheters are used. The female catheters should be clearly labelled and kept separately from the standard length catheters **Note: Appropriate labels and posters must be displayed if female catheters are used, they can be obtained through Clinical Governance.**
- Catheters for intermittent self-catheterisation are usually prescribed following advice from the Urogynaecology /Urological department / Specialist Continence Service or General Practitioners.

Secondary Care Formulary

The formulary for acute care will be due for review in 2023 subject to any external directives e.g. Nationally Contracted Products

URETHRAL CATHETERS

Note: All urinary catheters must be stored in their original box and not stored separately

Long term urethral and supra pubic catheters

Long term catheters can be used for a maximum period of 12 weeks. Patients should be assessed individually for the need to be catheterised and subsequently assessed for the optimum time for catheter change and catheter removal. Alternative management options should be considered first in view of complications associated with long term catheterisation.

It is important that the correct size catheter is prescribed for the individual. Except where clinical circumstances dictate, no more than a size 14ch should be used. A standard length catheter should be used unless clinically indicated.

Note: Appropriate labels and posters must be displayed if female catheters are used, they can be obtained through Clinical Governance .

For suprapubic catheterisation, no less than a size 16ch catheter should be used and a standard length catheter should be used.

Product	Catalogue Code/NHSSC NPC	Suppliers community code	Ch size	Unit of issue
1st Line Proslys® All-Silicone Foley Catheter, 2-way, 10ml Balloon and Pre-filled syringe with sterile water. Standard length.	PHF12M10/ FUR000 PHF14M10/ FUQ099 PHF16M10/ FUQ100 PHF18M10/ FUQ101	PCF12M10 PCF14M10 PCF16M10 PCF18M10	12Ch/Fr 14Ch/Fr 16Ch/Fr 18Ch/Fr	5
2nd Line Teleflex Medical 2-way standard (male) 100% silicone Indwelling	A310114/ FSS173 A310116/ FSS174 A310118/ FSS176 A310120/ FSS177		14Ch/Fr 16Ch/Fr 18Ch/Fr 20Ch/Fr	5

Tiemann Tip Urethral urinary catheters

Product	Catalogue Code	Ch size	Unit of issue
Coloplast Folsil All Silicon catheter 15ml balloon 41cm length	AA6314/ FSS1060 AA6316/ FSS1061 AA6318/ FSS1062 AA6320/ FSS1063	14Ch 16Ch 18Ch 20Ch	5

Open ended catheters

These catheters are licensed for long term use and are available as an alternative for those patients experiencing problems with sediment blockage and urinary infection. The catheter differs, as the tip is open ended allowing additional drainage.

Product	Size	Catalogue code	Quantity
SUPRAPUBIC USE ONLY LINC Open ended Catheters- 2 way (ACUTE Non stock)	12ch	3834066	1
	14ch	3834074	
	16ch	3834082	
	18ch	3834090	
URETHRAL USE ONLY Coloplast Folsil Open ended Catheter	12ch	AA7412/FSS1054	1
	14ch	AA7414/FSS1055	
	16ch	AA7416/FSS1056	
	18ch	AA7418/FSS1057	

Urinary Catheterisation Gel

Lidocaine Gel

This device is to be used when carrying out urethral or suprapubic catheterisation; please follow manufacturer's instructions and risk assess each patient for potential allergic reaction to the Lidocaine in the product.

Product	Size	Catalogue code	Quantity
CliniMed Instillagel for female and suprapubic catheterisation	6mls	335621/MRB338	PACK OF 10
CliniMed Instillagel For male catheterisation	11mls	335645/MRB337	PACK OF 10

Plain Lubricating Gel: without Active Ingredients

Use for patients with an known allergy to Lidocaine 2% or for patients being catheterised under anaesthetic

Product	Size	Catalogue code	Unit of Issue
Optimum Medical Optilube Sterile Lubricating Jelly for female and suprapubic catheterisation	6mls	1125/FST650	25
Optimum Medical Optilube Sterile Lubricating Jelly	11mls	1126/FST651	25

For male catheterisation			
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Intermittent catheters (IC)

IC products only for use within Newcastle Hospitals NHS Foundation Trust, and Gateshead NHS Foundation Trust.

Please Note: Northumbria Healthcare NHS Foundation Trust have a separate IC formulary

IC may be a short or long term intervention. It has been identified as the optimal treatment for people who have urinary retention or incomplete emptying of the bladder. IC avoids the need for other bulky external appliances such as drainage bags, increases self-confidence and freedom to express sexuality for people. Intermittent catheters are single use items. Please follow manufacturer instructions. The intermittent catheters are latex free.

Please note: The number of ISC required is specific to each patient and is guided by the health Care Professional who is assessing and educating the patient.

Female Length			
Product	Product Code	Ch size	Unit of issue
1nd B Braun Female Actreen Hi-Lite	228010E/ FST845 228012E/ FST726 228014E/ FST727	10ch 12ch 14ch	30
2nd Wellspect Female Lofric Sense	4160825/ FST372 4161025/ FST373 4161225/ FST374 4161425/ FST375	8ch 10ch 12ch 14ch	30
IC SETS			
Female length Limited use of sets see Appendix 1			
1st B Braun Female Actreen Mini Set	239010E/ FST842 239012E/ FST843	10ch 12ch	30
2nd Wellspect Female Lofric Hydro-Kit	4201225/ FST825	12ch	20
Product	Product Code	Ch size	Unit of Issue
Standard length			
1st	238210/ FST833	10ch	30

B Braun Standard Actreen Hi-Lite 41cm	238212/FST834 238214/FST835 238216/FST836	12ch 14ch 16ch	
2nd Wellspect Male Lofric Origo 40cm	4421000/FST791 4421200/FST795 4421400/FST800 4421600/FST801	10ch 12ch 14ch 16ch	30
IC SETS Standard length	Limited use of sets see Appendix 1		
1st B Braun Standard Actreen Hi-Lite 37cm	242210/FUE323 242212/FUE324 242214/FUE325 242216/FUE326 242218/FUE327	10ch 12ch 14ch 16ch 18ch	30
Not currently available on NHS supplies to Source Directly 2nd Wellspect Standard Lofric Hydro-Kit 40cm	4201000 4201200 4201400 4201600 4201800	10ch 12ch 14ch 16ch 18ch	30

Northumbria Healthcare NHS Foundation Trust IC formulary

Product	Product Code	Ch size	Unit of Issue
Female Length			
1st Coloplast Speedicath	28506/FST5554 28508/FST5555 28510/FST5553 28512/FST5556 28514/FST5557 28516/FST5558	6ch 8ch 10ch 12ch 14ch 16ch	30
2nd B Braun Actreen Hi-Lite 20cm	238306E/FST826 238310E/FST828 238312E/FST829 238314E/FST830 238316E/FST831	6ch 10ch 12ch 14ch 16ch	30
Standard length			
1st Coloplast Speedicath	28408/FST408 28410/FST5612 28412/FST5614 28414/FST5615 28416/FST5616 28418/FST5617	8ch 10ch 12ch 14ch 16ch 18ch	30
2nd	23820E/FST832 238210E/FST833	8ch 10ch	30

B Braun Actreen Hi-Lite 45cm	238214E/ FST835 238216E/ FST836	14ch 16ch	
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Urine Meters ACUTE ONLY

This is currently under review evaluation to be completed February 2020

Product	Catalogue code	Suppliers community code	Size	Unit of issue
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Catheter Valves

Urethral catheter valves: USE WITH CAUTION

Catheter valves can be used as an alternative to a leg bag; however the patient or carer must be aware of how to use the product correctly to prevent overfilling of the bladder.

It is recommended to change the catheter valve every 5-7 days.

Contra-indications:

- urethral catheter valves are not recommended for patients catheterised due to incontinence caused by urgency or small bladder capacity
- reduced bladder sensation
- must not be used for patients post-radical prostatectomy
- renal impairment or ureteric reflux
- cognitive impairment
- patients unable to operate the valve
- patients who are at risk of autonomic dysreflexia

Product	Catalogue code	Suppliers code	Unit of issue
Prosys Catheter Valve	386-3800/ FSS1042	PCV3942	5

Collection Systems

Leg bags - The sterile bags listed below are suitable for the collection of urine from urinary catheters or penile sheath systems. Leg bags are designed for day time use and vary in sizes and can be worn in different positions (hip, thigh, knee, calf). For patients wearing trousers consider a long tube and for female patients a direct inlet tube should be chosen. The bags should be changed approximately every 5-7 days. Please note that for penile sheath systems the leg bag does not have to be sterile.

Product	Catalogue	Suppliers	Size	Tap	Unit of issue
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	code	code			
Clinisupplies ProSys Urine Drainage bag	FST486	PH500S-LT	Tube 10cm	Lever	10
Clinisupplies ProSys Urine Drainage bag	FST498	PH500L-LT	Tube 30cm	Lever	10

Sterile Night Drainage bag - The drainage bags can be connected to a leg bag for overnight drainage or directly to a urinary catheter post operatively.

Product	Catalogue code	Suppliers code	Size	Tap	Unit of issue
Clinisupplies Prosys sterile drainage bag	PH2000+ / FSE238	P2000	2 Litre	T-Tap	10

Non-Sterile Night Drainage bag – Single use 2 litre drainage bag.

Product	Catalogue code	Suppliers code	Size	Unit of issue
ProSys Urine Drainage bag Single Use	PHSU2	PSU2	2 litres	10

Accessories

Leg bag holder/support

Used as an alternative to leg straps to secure a urine drainage bag to the patient's leg. They hold the drainage bag more securely, thus preventing traction along the urethra. The sleeve has an opening for the tap for ease of emptying. The patient's leg should be measured to ensure the correct fit.

Product	Catalogue code	Suppliers code	Size	Unit of issue
Clinisupplies Prosys Sleeve	382-4711/FST851	PLS3881	Small	Pack/4
Prosys Sleeve	382-4729/FST852	PLS3904	Medium	Pack/4
Prosys Sleeve	382-4737/FST853	PLS3928	Large	Pack/4

Fixation Device

Catheter retaining adhesive device: When considering use of a urinary catheter fixation/securing device, the healthcare professional must assess the individual patient to determine which device is most suitable to use. The strap type of device should not be used if the patient has circulation/vascular problems. The adhesive type device should not be used if the patient has a known allergy to adhesive or if the patient has friable skin, as the device may cause skin damage.

Product	Catalogue code	Suppliers code	Size	Unit of issue
Clinifix Hydrocolloid adhesive	3030/ELW831	40-310	110mm-25mm	30

fixation device				
Clinifix Hydrocolloid adhesive fixation device	3031/ELW832	40-410	140mm-40mm	30

Catheter Fixation Device: Reusable Strap

All patients MUST use a catheter fixation device, the catheter retaining strap designed as a re-usable strap. The strap secures the catheter minimising the risk of urethral trauma, expulsion and bypassing.

Product	Catalogue code	Suppliers code	Size	Unit of issue
Optimum medical Ugo fix Gentle catheter strap	3002/FSS1068	393-3389	Short 45cm	25
	3003/FSS1069	393-3397	Medium 80cm	
	3009/FSS1070	393-3405	Long 130cm	
	3010/FUV010	393-3413	Abdominal 180cm	

Primary Care Formulary

Long Term urethral and supra pubic catheters

- Packaged in single units
- Prescribe 3 initially but only 2 to be added to repeat prescription
- If there are repeated catheter blockages which do not respond to treatments, then consider changing to a medium term catheter
- If the patient has more than 12 catheters in a year – review

Proslys® All-Silicone Foley Catheter

Product	Suppliers community code	Ch size	Unit of issue	Community cost EACH
Proslys® All-Silicone Foley Catheter, 2-way, 10ml Balloon and Pre-filled syringe with sterile water. Standard length.	PCF12M10 PCF14M10 PCF16M10 PCF18M10	12Ch/Fr 14Ch/Fr 16Ch/Fr 18Ch/Fr	1	£5.79
Proslys® All-Silicone Foley Catheter, 2-way, 10ml Balloon and Pre-filled syringe with sterile water. Female length.	PCF12F10 PCF14F10 PCF16F10 PCF18F10	12Ch/Fr 14Ch/Fr 16Ch/Fr 18Ch/Fr	1	£5.79

Tiemann Tip urinary catheters

A soft, flexible, curved tip, designed to ease catheterization in cases involving an enlarged prostate, strictures, or difficult catheterisations. This should only be prescribed after consultation with the Specialist Nurse for Continence or Urology Department.

Product		Ch size	Unit of issue	Community cost EACH
Unomedical 2 way Tiemann Tip Urinary catheter with pre filled 10% aqueous glycerine syringe.	UM41161210PS UM41161410PS UM41161610PS UM41161810PS	12Ch/Fr 14Ch/Fr 16Ch/Fr 18Ch/Fr	1	£ 6.50

Open ended catheters

These catheters are licensed for long term use and are available as an alternative for those patients experiencing problems with sediment blockage and urinary infection. The catheter differs, as the tip is open ended allowing additional drainage.

Product	Size	Suppliers community code	Unit of Issue	Community cost
SUPRA PUBIC USE ONLY LINC Open ended Catheters- 2 way Standard Length	16ch 18ch	08451610G 08451810G	1	£10.95
URETHRAL USE ONLY Coloplast Folsil Open ended Catheter Standard Length	12ch 14ch 16ch 18ch	AA8A12 AA8A14 AA8A16 AAAA18	1	£6.48

Urinary Catheterisation Gel

Lidocaine Gel

This device is to be used when carrying out urethral or suprapubic catheterisation; please follow manufacturer's instructions and risk assess each patient for potential allergic reaction to the Lidocaine in the product.

Product	Size	Suppliers code	Unit of Issue	Community Cost
CliniMed Instillagel for female and supra pubic catheterisation	6mls	40-006	1	£1.05
CliniMed Instillagel For male catheterisation	11mls	40-011	1	£1.10

Plain Lubricating Gel: without Active Ingredients

Use for patients with an known allergy to Lidocaine 2%

Product	Size	Suppliers code	Unit of Issue	Community Cost
Optimum Medical Optilube Sterile Lubricating Jelly for female and supra pubic catheterisation	6mls	1125	1	£0.92
Optimum Medical Optilube Sterile Lubricating Jelly For male catheterisation	11mls	1126	1	£0.98

Intermittent catheters (IC)

IC products only for use within Newcastle Hospitals NHS Foundation Trust, and Gateshead NHS Foundation Trust.

Please Note: Northumbria Healthcare NHS Foundation Trust have a separate IC formulary

IC may be a short or long term intervention. It has been identified as the optimal treatment for persons who have urinary retention or incomplete emptying of the bladder. IC avoids the need for other bulky external appliances such as drainage bags, increases self-confidence and freedom to express sexuality for patients. Intermittent catheters are single use items. Please follow manufacturer instructions. The intermittent catheters are latex free.

Please note: The number of ISC required is specific to each patient and is guided by the Health Care Professional who is assessing and educating the patient

Female Length				
Product	Suppliers community code	Ch size	Unit of issue	Community cost
1st CliniMed Female Curan Advantage	WHF08 WHF10 WHF12 WHF14	8ch 10ch 12ch 14ch	30	£39.41
2nd B Braun Female	228008E 228010E 228012E	8ch 10ch 12ch	30	£44.67

Actreen Mini	228014E 228016E	14ch 16ch		
3rd Wellspect Female Lofric Sense	4160825 4161025 4161225 4161425	8ch 10ch 12ch 14ch	30	£48.65
IC SETS Female length Limited use of sets see Appendix 1				
1st Wellspect Female Lofric Hydro-Kit	4230825 4231025 4231225 4231425	8ch 10ch 12ch 14ch	20	£ 40.21
2nd B Braun Actreen Mini set	239010E 239012E 239014E	10ch 12ch 14ch	30	£70.58
Standard length				
Product	Suppliers community code	Ch size	Unit of issue	Community cost
1st B Braun Standard Actreen Hi-Lite	238210E 238212E 238214E 238216E	10ch 12ch 14ch 16ch	30	£45.70
2nd Wellspect Male Lofric Origo 40cm	4431025 4431225 4431425 4431625 4431825	10ch 12ch 14ch 16ch 18ch	30	£52.61
3rd Teleflex Medical Standard Liquick base Ergo Tip Catheter	630012 630014 630016 630018	12ch 14ch 16ch 18ch	60	£86.17
IC SETS Standard length				

Limited use of sets see Appendix 1				
1st Wellspect Standard Lofric Hydro-Kit	4201225 4201425420 1625420182 5	12ch 14ch 16ch 18ch	20	£38.58
2nd B Braun Standard Actreen Hi-Lite set	242210E 242212E 242214E 242216E	10ch 12ch 14ch 16ch	30	£75.01 10ch 12ch 14ch

Northumbria Healthcare NHS Foundation Trust IC formulary

Product	Product Code	Ch size	Unit of Issue	Community cost
Female Length				
1st Coloplast Speedicath	28506 28508 28510 28512 28514 28516	6ch 8ch 10ch 12ch 14ch 16ch	30	£45.54
2nd B Braun Actreen Hi-Lite 20cm	238306E 238308E 238310E 238312E 238314E 238316E	6ch 8ch 10ch 12ch 14ch 16ch	30	£45.33
Standard length				
1st Coloplast Speedicath	28408 28410 28412 28414 28416 28418	8ch 10ch 12ch 14ch 16ch 18ch	30	£45.54
2nd B Braun Actreen Hi-Lite 45cm	23820E 238210E 238212E 238214E 238216E	8ch 10ch 12ch 14ch 16ch	30	£45.33

Collection Systems

Leg bags - The sterile bags listed below are suitable for the collection of urine from urinary catheters or penile sheath systems. Leg bags are designed for day time use and vary in sizes and can be worn in different positions (hip, thigh, knee, calf). For patients wearing trousers consider a long tube and for female patients a direct inlet tube should be chosen. The bags should be changed approximately every 5-7 days. Please note that for penile sheath systems the leg bag does not have to be sterile.

Product	Suppliers code	Size	Tap	Unit of issue	Community cost
Clinisupplies ProSys Urine Leg Drainage non-flocked backed bag 500mls	PH500S-LT	Tube 10cm	Lever	10	£25.76
Clinisupplies ProSys Urine Leg Drainage non-flocked backed bag 500mls	PH500L-LT	Tube 30cm	Lever	10	£25.76
Clinisupplies ProSys Urine Leg Drainage non-flocked backed bag 500mls	PH500S+	Tube 10cm	Click-Close	10	£25.76
Clinisupplies ProSys Urine Leg Drainage non-flocked backed bag 500mls	PH500L+	Tube 30cm	Click-Close	10	£25.76

Sterile Night Drainage bag - The sterile bags listed below are suitable for the collection of urine from urinary catheters. Night bags are designed for use day and night. The bag should be changed approximately every 5-7 days. Once the bag is disconnected from the urinary catheter it must be disposed of as per waste management policy.

Product	Suppliers code	Size	Unit of issue	Community cost
Clinisupplies Prosys Sterile night bag, with 90cm inlet, 1 pair non-latex gloves	P2000-LT	2 Litre	10	£12.17

Non-Sterile Night Drainage bag – The drainage bags can be connected to a leg bag for overnight drainage. Single use 2 litre drainage bag, once the bag is disconnected from the urinary catheter it must be disposed of as per waste management policy.

Product	Suppliers code	Size	Unit of issue	Community cost
Clinisupplies Prosys single use night bag Single Use drainable tap	PSU2	2 litres	10	£3.09

Accessories

Leg bag holder/support

Used as an alternative to leg straps to secure a urine drainage bag to the patient's leg. They hold the drainage bag more securely, thus preventing traction along the urethra. The sleeve has an opening for the tap for ease of emptying. The patient's leg should be measured to ensure the correct fit.

Product	Suppliers code	Size	Unit of issue	Community cost
Clinisupplies Prosys leg bag Sleeve	PLS3881	Small 24-40cm	4	£7.70
Clinisupplies Prosys leg bag Sleeve	PLS3904	Medium 36-50cm	4	£7.70
Clinisupplies Prosys leg bag Sleeve	PLS3928	Large 40-65cm	4	£7.70

Catheter Fixation Device

Reusable Strap

All patients MUST use a catheter fixation device, the catheter retaining strap designed as a re-usable strap. The strap secures the catheter minimising the risk of urethral trauma, expulsion and bypassing.

Note: Reusable fixation must be first line choice for all patients.

Product	Suppliers code	Size	Unit of issue	Community cost
Optimum medical Ugo fix catheter strap	30023003300 93010	Short 45cm	5	£12.84
		Medium 80cm		£14.18
		Long 130cm		£17.26
		Abdominal 180cm		£19.32

Adhesive

Catheter retaining adhesive device: When considering use of a urinary catheter fixation/securing device, the healthcare professional must assess the individual patient to determine which device is most suitable to use. The strap type of device should not be used if the patient has circulation/vascular problems. The adhesive type device should not be used if the patient has a known allergy to adhesive or if the patient has friable skin, as the device may cause skin damage.

Product	Suppliers code	Size	Unit of issue	Community cost
Clinifix Hydrocolloid adhesive fixation device	40-310	110mm-25mm	10	£17.88
	40-410	140mm-40mm		£19.56

BELLY BAG ONLY AVAILABLE TO COMMUNITY PATIENTS

Only use after discussion with the specialist nurse for continence or Urology

- Should be changed every 28 days
- An option for patients for whom leg bags and catheter valves are not an option
- Not recommended if catheter blocks more often than every 4 weeks
- Not recommended for patients who require a larger capacity than 1 litre overnight

Rusch (Teleflex) Belly Bag Collection system

Product	Suppliers community code	Unit of issue	Community cost
Teleflex Medical, waist suspension drainage Bag 1000mls	B1000	1	£10.89
1000mls with 60 cm outlet tubing	B1000CT	1	£10.89
1000mls with sample port	B1000P	1	£10.89

Catheter insertion and removal packs

Single use for each re-catheterisation procedure.

Product	Suppliers code	Size	Unit of issue	Community cost
Richardson Healthcare Cath-It	908410	S/M Gloves	1	£1.98
	908420	M/L Gloves		
	908430	L/XL Gloves		

Catheter removal packs for Trial Without Catheter (TWOC)

Single use for TWOC removal packs only order via NHS supplies.

Product	NHS Supplies code	Size	Unit of issue	Community cost
Richardson Healthcare Cath-It	908412	S/M Gloves M/L Gloves L/XL Gloves	1	£0.50

CATHETER MAINTENANCE: BEFORE USING CONSULT GUIDELINES

<http://policies.app/launchtext.asp?launchit=5191>

The frequency of administration is dependent upon individual patient needs following a patient assessment by the registered nurse, midwife, or medical practitioner. The Trust regime must be followed as per guidelines.

Product	Suppliers code	Size	Unit of Issue	Community Cost
B.Braun Uro-tainer NaCL 0.9% Used only to remove debris and blood clots from the Urinary Catheter Citric Acid	FB99849	50ml	1	£3.57
B.Braun Uro-tainer Twin Citric acid 3.23% G Solution	9746609	2x30ml	1	£4.89
B.Braun Uro-tainer Twin Citric acid 6.00% R Solution	9746625	2x30ml	1	£4.89

Rationale: Cost effective. Two sequential instillations of 30mls are more effective than a single instillation with either 50 or 100mls.

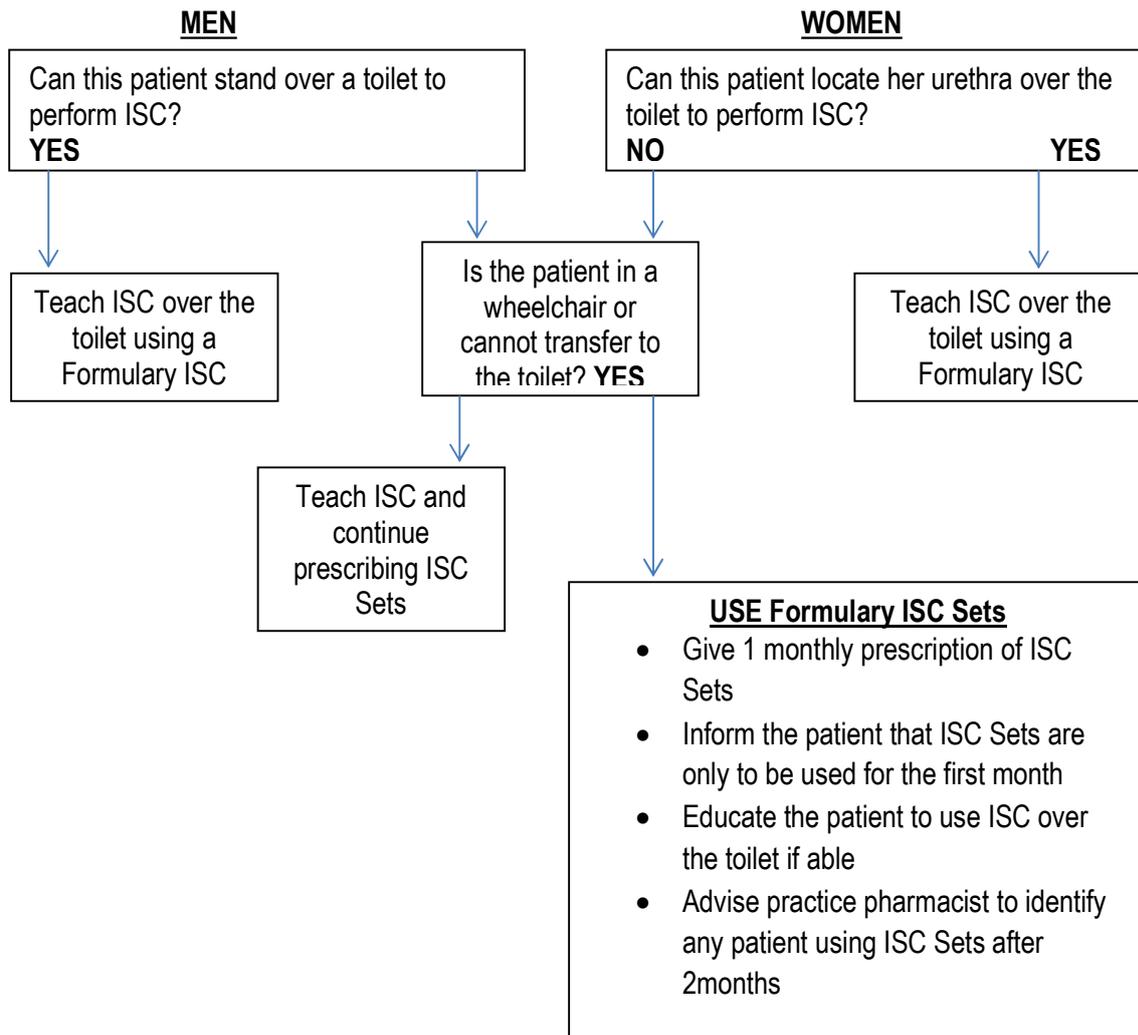
Bladder infusion Kit

This device is to be used when using CMS regime (Appendix 2) and using CMS more than once weekly to ensure closed system is not breached.

Product	Suppliers code	Unit of Issue	Community Cost
L.I.N.C Medical Bladder infusion Kit	MCI/701	10	£20.06

Criteria for Prescribing Intermittent Self catheterisation (ISC) Sets within Newcastle upon Tyne

ISC Sets should only be used in the initial teaching of patients who fit the relevant criteria, the overall aim should always be to encourage where possible the patient to perform ISC over the toilet and not to use an ISC Set.



Protocol for long term use of CMS in the community

When encrustation presents in a patient with a Suprapubic or Urethral catheter, initially Citric acid 3.20.3% should be administered 3 times weekly for a period of 4 weeks, then 2 times weekly for 4 weeks. This should be reduced to once weekly with the change of catheter bag.

1. CMS infusion kits are advocated when patients are using this regime (see catheter formulary)
2. The CMS care plan should be used at all times.
3. If Citric acid 3.20.3% is ineffective, Citric acid 6% should be administered following the same procedure.
- 4. If this is still ineffective stop all CMS. Seek advice from Newcastle specialist continence service or urology/urogynaecology/GP**

Manufacturers Links

BBraun [B. Braun Medical Ltd](#)

Wellspect [Wellspect HealthCare](#)

LINC medical [linc-medical](#)

Manfred Sauer UK [Manfred Sauer UK](#)

Richardson Healthcare [Richardson Healthcare](#)

Clinimed [CliniMed](#)

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