

North of Tyne Gateshead & North Cumbria
Urinary Continence Enablement Products and Devices Formulary 2021

Developed in conjunction with:

Newcastle upon Tyne Hospitals NHS Foundation Trust
Gateshead Health NHS Foundation Trust
Northumbria Health Care NHS Foundation Trust
North Cumbria Integrated Care NHS Foundation Trust

NewcastleGateshead CCG
NorthTyneside CCG
Northumberland CCG
North Cumbria CCG

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Continence formulary for Continence Enablement Products and Devices

Introduction

The purpose of the evidence-based continence formulary for continence enablement products and devices is to provide clinical staff with information relating to continence products recommended for use within Newcastle upon Tyne Hospitals NHS Foundation Trust, Newcastle Gateshead CCG, Northumbria Healthcare NHS Foundation Trust, Gateshead NHS Foundation Trust, Northumberland CCG and North Tyneside CCG.

The formulary should be used alongside other Trust continence standards and guidelines. For further information and advice on product choice, please contact the Nurse Consultant Continence Care, Specialist Nurse Continence (Community Lead/s), Urology Specialist Nurse Teams or the Supplies and Procurement Department/s.

Aims of the Formulary:

- To safeguard the interest of the patient
- To ensure that there is a variety of products available to manage patient need
- To ensure that practitioners have adequate information to support their practice when choosing continence enablement products and Devices
- To promote rational prescribing and sustainability issues
- To promote cost effective use of a product

Guidelines on Continence assessment

- Careful patient assessment and treatment program is essential before deciding which continence enablement product or device should be used
- Choice of product depends on: patient assessment and diagnosis, history of previous product use and local guidelines
- All assessment and treatment decisions should be documented as per Trust guidelines and as per Nursing and Midwifery Council (NMC) code of conduct
- Continence enablement products and devices should be prescribed following advice from the Urogynaecology /Urological department / Specialist Continence Service or General Practitioners.

URINARY SHEATHS

Note: All urinary sheaths must be stored in their original box and not stored separately

Urinary sheaths are made from a soft, flexible silicone tubing that is placed over the penis to facilitate the drainage of urine away from the body into a drainage bag. When a urinary sheath is correctly fitted, the skin does not become contaminated with urine. Urinary sheaths are medical devices and are a single-use item. It is essential that the manufacturer's product literature is consulted before a sheath is used.

Urinary sheaths should be considered in men with urinary incontinence

- that have not responded to a treatment program
- and have a stage III or IV pressure ulcer
- suffering Incontinence Associated Dermatitis (IAD)

Not all sheath manufacturers use the same measurements, which is why it is important to use the specific measurement tool provided by the manufacturer to ensure accurate prescribing.

Types of urinary sheaths:

Standard Length: centrally positioned adhesive suitable for men with an average length penis.

Pop-On: a shorter length with a maximum adhesive area for men with a short or retracted penis.

Wide Band: a standard length with a larger adhesive area for an increased level of connectivity for those men who are active or have difficulty keeping a Sheath in place.

Please note – when patients are using a sheath, patients can re-use the leg bag and drainable night bag for 7 days, use Trust formulary leg and night bags see link (for Newcastle hospitals) below.

[http://nuth-intranet/cms/Portals/0/Continence/Catheter%20Formulary%202020%20v1.0%20\(2\).pdf](http://nuth-intranet/cms/Portals/0/Continence/Catheter%20Formulary%202020%20v1.0%20(2).pdf)

Product	Size in MM	Suppliers Code/NHSSC NPC	Suppliers community code	Unit of issue	Monthly prescription Max Amount
1st Line Clinisupplies Floflit Standard	24	PHF24S – FUX042	PSS24STD/B	30	1 per 24hrs
	28	PHF28S – FUX043	PSS28STD/B		
	31	PHF31S – FUX044	PSS31STD/B		
	35	PHF35S – FUX045	PSS35STD/B		
	40	PHF40S – FUX046	PSS40STD/B		
Clinisupplies Floflit Pop-On	24	PHF24P – FUX047	PSS24POPON/B	30	1 per 24hrs
	28	PHF28P – FUX048	PSS28POPON/B		
	31	PHF31P – FUX049	PSS31POPON/B		
	35	PHF35P – Not stock	PSS35POPON/B		
	40	PHF40P – FUX051	PSS40POPON/B		
Clinisupplies Floflit Wide Band	24	PHF24W – FUX052	PSS24WIDEBD/B	30	1 per 24hrs
	28	PHF28W – FUX053	PSS28WIDEBD/B		
	31	PHF31W – FUX054	PSS31WIDEBD/B		
	35	PHF35W – FUX055	PSS35WIDEBD/B		
	40	PHF40W – FUX056	PSS40WIDEBD/B		
SECONDARY CARE 2nd Line BD Clear advantage Aloe Standard Style 1	24	1243 – GCT068	326-2722	30	1 per 24hrs
	28	1283 – GCT067	326-2730		
	32	1323 – GCT066	326-2748		
	36	1363 – GCT065	326-2755		
	40	1403 – Not stock	326-7763		
BD Clear advantage Aloe Pop-On Style 2	24	2243NHS – GCT064	326-2771	30	1 per 24hrs
	28	2283NHS – GCT063	326-2789		
	32	2323NHS – GCT062	326-2797		
	36	2363NHS – GCT061	326-2805		
	40	2403 – Not stock	326-2813		
BD Clear advantage Aloe Wide Style 3	24	3243 – Not stock	326-2821	30	1 per 24hrs
	28	3283 – GCT059	326-2839		
	32	3323 – GCT058	326-2847		
	36	3363 – GCT028	326-2854		
	40	3403 – Not stock	326-2862		

Not all patients will be appropriate for the 1st or 2nd line sheath identified above, this may be due to patient dexterity problems or altered anatomy, these patients should be discussed with the nurse specialist for continence who may suggest using the following sheath systems.

Product	Size MM	Suppliers Code/NHSSC NPC	Suppliers community Code	Unit of issue	Monthly prescription Max Amount
PRIMARY CARE 2 nd Line Great Bear Libra Sheaths Standard	24	GBLSS24 - FUX019	GBLSS24	30	1 per 24hrs
	28	GBLSS28 - FUX020	GBLSS28		
	31	GBLSS31 - FUX021	GBLSS31		
	33	GBLSS33 - FUX033	GBLSS33		
	35	GBLSS35 - FUX022	GBLSS35		
	40	GBLSS40 - FUX023	GBLSS40		
Great Bear Libra Sheaths Pop On	24	GBLSP24 - FUX024	GBLSP24	30	1 per 24hrs
	28	GBLSP28 - FUX025	GBLSP28		
	31	GBLSP31 - FUX026	GBLSP31		
	33	GBLSP33 - FUX035	GBLSP33		
	35	GBLSP35 - FUX027	GBLSP35		
	40	GBLSP40 - FUX028	GBLSP40		
Great Bear Libra Sheaths Wide Band	24	GBLSW24 - FUX029	GBLSW24	30	1 per 24hrs
	28	GBLSW28 - FUX030	GBLSW28		
	31	GBLSW31 - FUX031	GBLSW31		
	33	GBLSW33 - FUX036	GBLSW33		
	35	GBLSW35 - FUX032	GBLSW35		
	40	GBLSW40 - FUX033	GBLSW40		
3rd Line BD Clear advantage Aloe Standard Style 1	24	1243 – GCT068	326-2722	30	1 per 24hrs
	28	1283 – GCT067	326-2730		
	32	1323 – GCT066	326-2748		
	36	1363 – GCT065	326-2755		
	40	1403 – Not stock	326-2763		
BD Clear advantage Aloe Pop-On Style 2	24	2243NHS – GCT064	326-2771	30	1 per 24hrs
	28	2283NHS – GCT063	326-2789		
	32	2323NHS – GCT062	326-2797		
	36	2363NHS – GCT061	326-2805		
	40	2403 – Not stock	326-2813		
BD Clear advantage Aloe Wide Style 3	24	3243 – Not stock	326-2821	30	1 per 24hrs
	28	3283 – GCT059	326-2839		
	32	3323 – GCT058	326-2847		
	36	3363 – GCT028	326-2854		
	40	3403 – Not stock	326-2862		
NOTE: ONLY TO BE	PRESCRIBED	AFTER CONSULTATION	WITH NURSE	SPECIALIST	
Coloplast Conveen Optima Sheath Standard	25	220255 - GCE682	220255	30	1 per 24hrs
	28	22028 - GCE1030	22028		
	30	220305 - GCE683	220305		
	35	220355 - FST429	220355		
	40	22040 - GCE869	22040		
Coloplast Conveen Optima Sheath Short	21	22121 - GCE868	22121	30	1 per 24hrs
	25	22125 - GCE679	22125		
	30	22130 - GCE680	22130		
	35	22135 - GCE681	22135		

URINARY PENILE POUCH

Product	Size in MM	Suppliers Code/NHSSC NPC	Suppliers community code	Unit of issue	Monthly prescription Max Amount
Hollister: Male Urinary Pouch External Collection Device Flexextend skin barrier	Cut to size	A4362	9873	10	1 per 24hrs
Hollister: Male Urinary Pouch External Collection Device Softflex skin barrier	Cut to size	A4326	9811	10	1 per 24hrs

The Male Urinary Pouch is a cut-to-fit, self-adhering pouch, for urine collection, using a urinary leg bag if appropriate. The pouch is for non-ambulatory men. The male urinary pouch is an alternative for men with because of insufficient shaft length or a retracted penis.

Do not use this product if the penis or scrotal skin is compromised, if the tip of the penis retracts below the level of the scrotal skin, or if the patient is ambulatory.

<https://www.hollister.com/-/media/files/pdfs-for-download/continence-care/care-tips-for-male-urinary-pouch-922091-812.ashx>

Please note – when patients are using a penile pouch, patients can re-use the leg bag and drainable night bag for 7 days if required, use Trust formulary leg and night bags see link below for Newcastle Hospitals.

[http://nuth-intranet/cms/Portals/0/Continence/Catheter%20Formulary%202020%20v1.0%20\(2\).pdf](http://nuth-intranet/cms/Portals/0/Continence/Catheter%20Formulary%202020%20v1.0%20(2).pdf)

URINALS

Product	Size in MM	Suppliers Code/NHSSC NPC	Suppliers community code	Unit of issue	Max Amount Required
MALE URINALS					
Beambridge Pod Male Urine drainage jug With Tap		6-50T - GPB741	6-50T	1	1
Without Tap		6-50 - GPB742	6-50	1	1
Beambridge Male Funnel		6-35 - FWV062	6-35	1	1
Manfred Sauer UK URibagM		Not Available	Uribag	1	1
Paynes Non spill adaptor for standard urinals		Not Available	1351	1	1
FEMALE URINALS					
Beambridge Female Bridge Urinal With Tap		6-18T - FWV032	6-18T	1	1
Without Tap		6-18 - FWV015	6-18	1	1
Manfred Sauer UK UribagF		Not Available	UribagF	1	1
Whiz Urine Director Whiz Freedom Whiz Freedom with extension tubing		Not Available Not Available	ATD-2002.1 ATD-2004.10	1 1	1 1

COMMUNITY PRESCRIBING ONLY cannot be disposed of in the secondary care setting via disposal equipment, only to be used in Primary care following manufacturer's instructions

[Safetygel Safety Data Sheet Issue 2.doc \(supplychain.nhs.uk\)](#)

Super absorbent gel is a dry granule that will absorb liquids and converts the liquid to a gel, it can be added to urinals to prevent spillage of contents

Product	Size in MM	Suppliers Code/NHSSC NPC	Suppliers community code	Unit of issue	Monthly prescription Max Amount
Super absorbent Gel for Urinals					
Datesand Ltd Safetygel	7.5g sachet 360g pot 4.5Kg tub	SGPS1.2L - HFL8661 SGSP360 - HFL8660 SGTUB45 - HFL8659	SGPS1.2L SGSP360 SGTUB45	100 1 1	1 x 7.5g 24hrs

BODY WORN URINAL SYSTEMS

Body worn urinal systems are an alternative to adhesive external urinary sheaths and are made from a system of an external pouch that is placed over the penis and a collection device for urine. The systems protect the patient's skin from contamination. Body worn urinal systems are medical devices and the pouches are a single-use item, the underwear can be washed and reused. It is essential that the manufacturer's product literature is consulted before a system is used.

Acti-Brief Plus: COMMUNITY PRESCRIBING ONLY

Northumbria Healthcare NHS Foundation Trust: Only prescribe after consultation with the nurse specialist for continence

Acti Brief Plus is for men who experience urinary incontinence and can be used in conjunction with faecal pads for those men who have faecal incontinence. It is suitable for men with a spinal cord injury or who have a known diagnosis of reflex incontinence:

- Parkinson's Disease
- Multiple Sclerosis
- Spina Bifida

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- Brain tumour
- For those who have a functional incontinence; dementia, poor mobility, impaired vision
- For those who use ISC for routine bladder management but suffer from passive leakage between
- Post op urology patients with continence issues
- Treatments to the bladder and prostate causing residual bladder irritability

https://www.bullens.com/wp-content/uploads/2019/03/308033-Actibrief-PLUS-Booklet_21-11b.pdf

Not all manufacturers use the same measurements, which is why it is important to use the specific measurement tool provided by the manufacturer to ensure accurate prescribing

https://www.bullens.com/wp-content/uploads/2018/03/503124-Actibrief-Plus-Measure-Guides_B.pdf

The assessor should measure the circumference (mid shaft) of the penis and the hips size of the patient prior to prescribing. Please note – when patients are using a Acti-Brief plus they can re-use the leg bag and drainable night bag for 7 days if required, use Trust formulary leg and night bags see link below for Newcastle Hospitals .

[http://nuth-intranet/cms/Portals/0/Continence/Catheter%20Formulary%202020%20v1.0%20\(2\).pdf](http://nuth-intranet/cms/Portals/0/Continence/Catheter%20Formulary%202020%20v1.0%20(2).pdf)

Product	Flange Size in MM	Suppliers community code	Underwear size in inches	Unit of issue	Monthly prescription Max Amount
Bullen: Acti-Brief Plus	20 25 27.5 30 32.5 35 40	ABPLUS/18/20 ABPLUS/18/25 ABPLUS/18/27.5 ABPLUS/18/30 ABPLUS/18/32.5 ABPLUS/18/35 ABPLUS/18/40	Small 28-33 Medium 34-36 Large 37-40 Extra Large 40-44	1 Brief 1 flange 10 pouches 1 night bag connector	Starter Pack Ongoing Yearly Briefs and Flange Washable reusable products
Spare Pouches Single use for light urinary incontinence	Non-return Valve	SPlus18	One Size	15	Monthly 1 per 24hrs
Spare Pouches Single use for full urinary incontinence	No valve	SP18	One Size	15	1 per 24hrs

AFEX: COMMUNITY PRESCRIBING ONLY BY SPECIALIST HEALTHCARE PROFESSIONAL

Information with regards to the Afex range can be found on line, [Home - My Pelvic Health - iMEDicare UK Ltd](#) please contact your local specialist Continence and urology services

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BOWEL MANAGEMENT

Peristeen Anal Plug:

The Anal plug is an aid for faecal incontinence management; it should only be used following a full assessment and adhering to the manufacturer's instructions. It should be inserted into the rectum and will help to prevent the uncontrolled loss (incontinence) of solid stool. It is not recommended for loose stools. Insert the anal plug like a suppository using a lubricant. The foam plug is coated in a water-soluble film, this film dissolves in the rectum and the plug expands, conforming to the shape of the rectal cavity. The plug can be left in the rectum for a maximum of 12 hours; it is removed by pulling the integral gauze string attached to the plug. The plug should not be flushed down the toilet and should be disposed of in the household waste or clinical waste bin.

<https://products.coloplast.co.uk/coloplast/continence-care/peristeen/peristeen-anal-plug/>

*Stay in situ for 12 hours but should be changed at each bowel movement number required as per patients need

Product	Size	Suppliers Code/NHSSC NPC	Suppliers community code	Unit of issue	Monthly prescription Max Amount
Coloplast: Peristeen Anal Plug	Small Large	1450 - GCT075 1451 - GCT076	1450 1451	20 20	* See note above

External Faecal Collector:

The Hollister external faecal collector maintains the patient's continence and protects skin integrity when they have loose bowels, whilst nursed in bed. It is attached to a collection device for continuous drainage for patients in bed, and is cut to size for the patient. The product is single use.

https://www.hollister.co.uk/-/media/files/pdfs-for-download/uk/faecal-collector-training-4pp4_pages-1-2.ashx

Product	Size	Suppliers Code/NHSSC NPC	Suppliers community code	Unit of issue	Monthly prescription Max Amount
Hollister: Faecal Collector	M 500mls L 1000mls	Not Stock Not Stock	9822 9821	10 10	* See note above

Manufacturers Links

Clinisupplies:	https://www.clinisupplies.co.uk/products/31/Prosys-Flofit-Urinary-Sheath
Bullen:	https://www.bullens.com/
BD:	https://www.bardcare.uk/consumers/products/view-products/incontinence-sheaths/clear-advantage/
Coloplast:	https://www.coloplast.co.uk/bladder-and-bowel/bowel-solutions/
Hollister:	https://www.hollister.co.uk/en-gb/continencecare
Datesands:	<u>Datesand Group Meeting the supply needs of our customers within the biotechnology industry</u>
Beambridge:	<u>Beambridge Medical Home</u>

