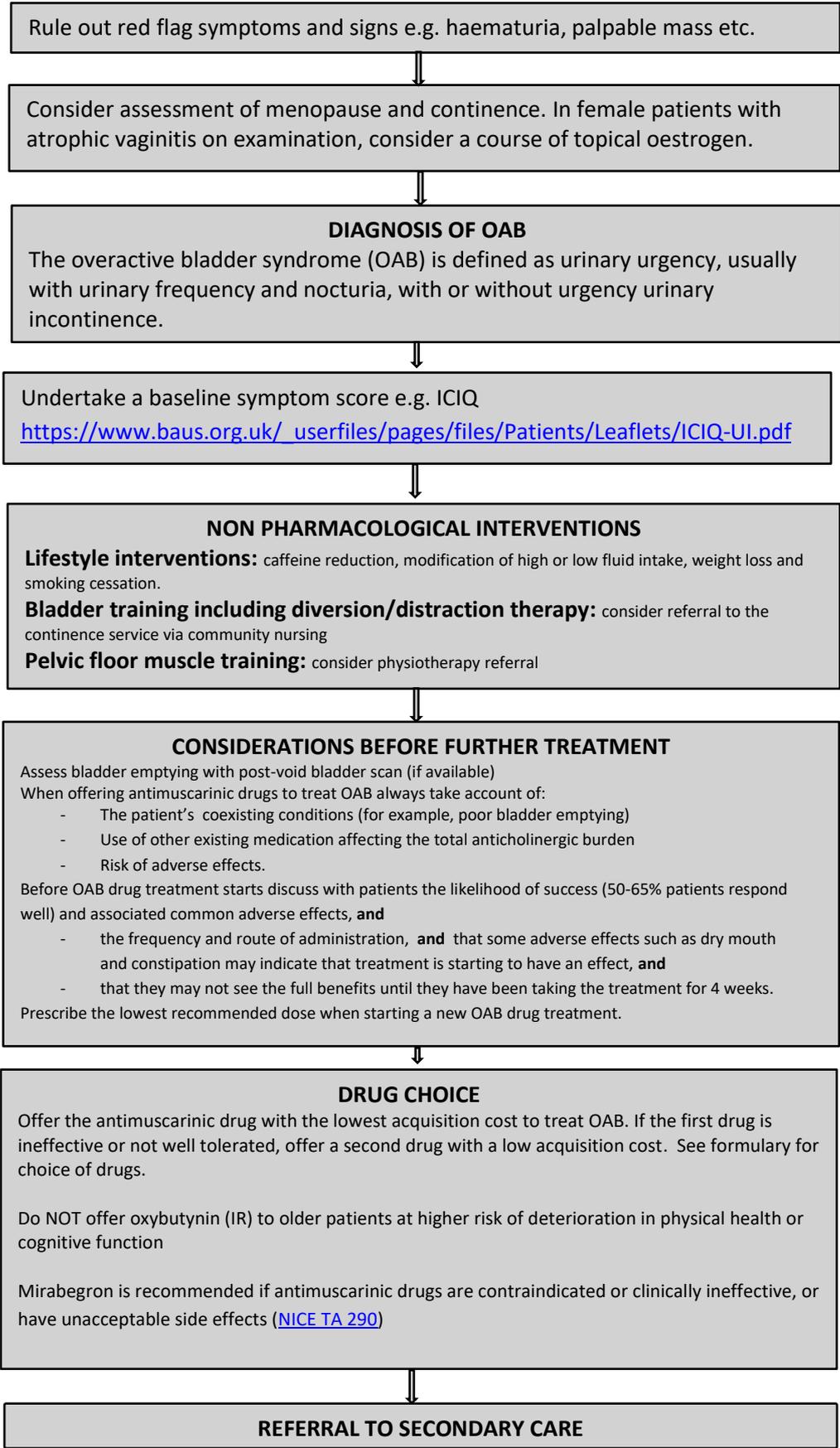


# North of Tyne, Gateshead and North Cumbria

## Non-Surgical Management of Overactive Bladder (OAB)



**Notes**  
For further details in managing women with urinary incontinence in women refer to NICE NG123: <https://www.nice.org.uk/guidance/ng123>  
  
For male patients please refer to the Newcastle upon Tyne, Gateshead and Northumbria Urology Guidelines: <http://www.newcastleurology.org.uk/wp-content/uploads/2020/05/NewUrolGuidfinal-May-20-revision.pdf>

Review at 4 weeks either face to face or by phone (repeat symptom assessment).  
  
Drug treatments that are not effective should be discontinued.  
  
Avoid trials of multiple antimuscarinics

Consider referral after the failure of two antimuscarinics and/or mirabegron

**OR** GP initiation in patients who do not wish to be referred to secondary care and have failed previous first/second line treatments